



## COMPREHENSIVE SCHOOL PHYSICAL ACTIVITY PROGRAM

Professional Development Opportunity-.5 CEU available for in person training and CDC e-learning series completion [www.cdc.gov/healthyschools/trainingtools.htm](http://www.cdc.gov/healthyschools/trainingtools.htm)

Thursday, May 11<sup>th</sup> Register Now Here! : <https://www.surveymonkey.com/r/MFX865N>

Churchill County School District Office

Located at 690 S Maine St, Fallon, NV 89406 Time: 4:30pm to 7:30pm



### RESEARCH PROVES PHYSICALLY ACTIVE STUDENTS PERFORM BETTER ACADEMICALLY & HAVE FEWER BEHAVIORAL ISSUES.

You are invited to attend the Comprehensive School Physical Activity Program (CSPAP) training. CSPAP is an evidence based, data driven, physical activity improvement model developed by the Society of Health and Physical Educators (SHAPE America) and is recommended by the Centers for Disease Control and Prevention. CSPAP attendees learn to assess and implement physical activity in and around the school day, which helps students work toward meeting the nationally recommended 60 minutes of daily physical activity. The CSPAP model encourages students and staff to develop the knowledge, skills, and confidence to be physically active for a lifetime.

**Who:** All Interested School Staff and Community Members

Contact: Rose Sutherland, School Health Program Coordinator 775.684.4238 | [rosutherland@health.nv.gov](mailto:rosutherland@health.nv.gov), [NVCSPAP.org](http://NVCSPAP.org)  
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